



**Dementia
Friendly
Surrey**

Champion Commitment

Dementia is a significant concern for our local population yet there are a number of steps which we can take to make sure our communities are inclusive and welcoming places for those affected by dementia.

Making Surrey dementia friendly is a journey that relies on shared commitment and action. This is why Dementia Friendly Surrey are calling on you to join us and become a Dementia Friendly Surrey Champion.

Who can become a Dementia Friendly Surrey Champion?

If you are committed to helping people live well with dementia in their community, you can become a Dementia Friendly Surrey Champion. You might have memory problems or dementia yourself, care for or know someone who does, work with people with dementia, or simply have an interest in making a difference.

Everyone has a valuable contribution to make.

What does a Dementia Friendly Surrey Champion do?

Champions are volunteers and you can be a Champion in whatever way suits you best. Every action counts and you are not expected to commit a fixed amount of time to your dementia friendly activity.

How can I become a Dementia Friendly Surrey Champion?

Follow these simple steps:

Step 1: Tell us a bit about you. These contact details will only be used to get in touch with you about Dementia Friendly Surrey and your details will not be passed on.

Name

Email address

Telephone number

Postal address

Please tick the box that most applies to you:

I am a person with dementia or memory problems	<input type="checkbox"/>
I am a carer, family member or friend of a person with dementia or memory problems	<input type="checkbox"/>
I work with people with dementia or memory problems	<input type="checkbox"/>
None of the above but I am committed to making my community more dementia friendly	<input type="checkbox"/>

ITEM 7

Step 2: Are you already working with people with dementia or memory problems? If yes, please briefly highlight your activities below. If not go to step 3

Work I already do includes:

Step 3: Finally, please tell us how you intend to contribute towards a more dementia friendly future for Surrey. We have given some suggestions below to get you started but you may have other ideas which you can list in the blank space.

As a Dementia Friendly Surrey Champion I will...

Share my experience of dementia with other people to help them understand what it is like to live with dementia or care for someone who has dementia.	<input type="checkbox"/>
Raise awareness of dementia in my workplace, school or groups I belong to.	<input type="checkbox"/>
Help to promote Dementia Friendly Surrey and encourage others to become Dementia Friendly Surrey Champions.	<input type="checkbox"/>
Encourage my employer to consider signing up as a Dementia Friendly Surrey Champion organisation.	<input type="checkbox"/>
Attend an Alzheimer's Society Dementia Friends training session to learn more about what it is like to live with dementia.	<input type="checkbox"/>
Volunteer with an organisation that supports people with dementia.	<input type="checkbox"/>
Signpost people affected by dementia to information and support.	<input type="checkbox"/>
Other (please describe)	

Dementia Friendly Surrey Champions will receive a certificate and resource pack.

All Champions are encouraged to keep in touch with regular updates about what you have been doing to support Dementia Friendly Surrey.

By becoming a Dementia Friendly Surrey Champion you are helping people to live and age well in Surrey.

If you would like to get involved in the wider Ageing Well programme please pick a pledge or a number of pledges below:



1. I/ we will ensure that people feel included as full and equal members of the community and are not socially isolated or excluded. That they have opportunities to be involved socially and economically and are able to play an active role in the community if they wish regardless of age, disability, race, religion or belief, sex, sexual orientation or caring responsibilities.	<input type="checkbox"/>
2. I/we will enable people to get out and about on transport easily.	<input type="checkbox"/>
3. I/ we will ensure people know where to access clear advice and information that will help people remain independent and in control of their lives as they age.	<input type="checkbox"/>
4. I/ we will ensure people will have access to supportive technology that enables people to live independently in their own homes.	<input type="checkbox"/>
5. I/ we will encourage people to be active, eat well and be informed about how to stay healthier both physically and mentally.	<input type="checkbox"/>
6. I/ we will ensure people will have access to practical help and support available from competent, trustworthy and affordable agencies for activities such as housework, home maintenance, gardening and shopping.	<input type="checkbox"/>
7. I/ we will ensure that people with additional or particular needs are supported flexibly at critical times, for example those with older people living with dementia and older people who need assistance after a period of illness and/or bereavement.	<input type="checkbox"/>
8. I/ we will ensure that support is available to people that allows them to feel safe and secure at home and when out in the community.	<input type="checkbox"/>
9. I/ we will ensure that people are as aware of relevant allowances such as the Attendance Allowance or grants to seek to ensure financial stability with as much control as possible over money.	<input type="checkbox"/>
10. I/ we will ensure that carers will have access to timely and accessible support.	<input type="checkbox"/>

Please tick this box if you would like someone to get in touch with you to discuss how you can take action

Please return the form to: dementia.friendly@surreycc.gov.uk or

Dementia Friendly Surrey, Third floor, Quadrant Court, 35 Guildford Road, Woking, GU22 7QQ

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