



Health and Wellbeing Board
6 November 2018

The Health and Wellbeing of Older People in Surrey: The Independent Annual Report of the Director of Public Health, Surrey County Council 2018

Purpose of the report:

To present the Director of Public Health's latest Annual Public Health Report (APHR), which focuses on the health and wellbeing of older people, to the Health and Wellbeing Board.

Recommendations:

It is recommended that the Board:

- a) Note the findings and recommendations of the report;
- b) Consider where they can, as individual organisations or through joint actions described, improve the health and wellbeing of older people.

Introduction:

1. The Director of Public Health (DPH) has a statutory responsibility to produce an annual report on the health of the local population with the content and structure determined by the DPH.
2. Helen Atkinson, the DPH for Surrey, has written her report this year on the health and wellbeing of older people. The full report is attached.

Key points

1. The population of Surrey includes a large and growing proportion of people aged over 65, with the proportion of the over 85s growing at an even faster rate.
2. People living longer is something that should be celebrated. Older people contribute greatly to our society, adding both social and financial value through paid employment, volunteering and activities such as caring for family and friends.
3. Older age is not always healthy. The report includes information on how older people are at particular risk of problems like social isolation, falls and dementia.
4. Poor health in older age is not inevitable. Each chapter highlights areas where older people could take action to improve their own health, where professionals can help them and how organisations could provide further support.

Next steps:

5. The next APHR for 2019 will focus on the wider determinants of health.

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