

# Transforming Our Services: Children's Emotional Wellbeing & Mental Health Children's Community Health Services



**A thriving community  
of children and young  
people in Surrey**



A strategy for  
their emotional  
wellbeing and  
mental health

2019 – 2022

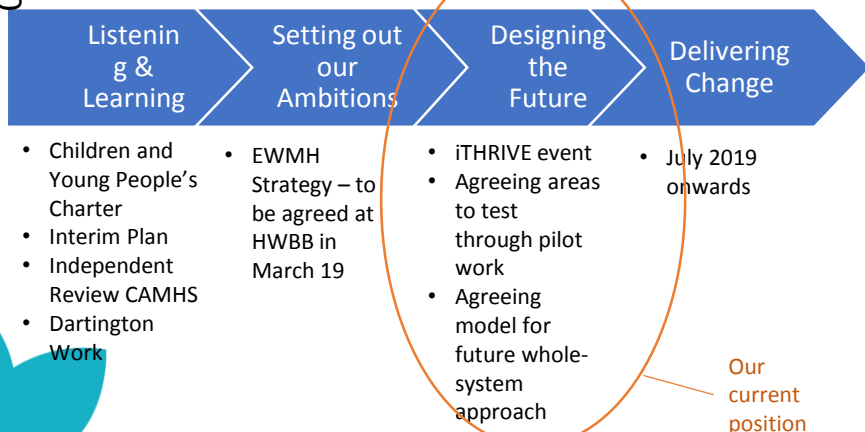
version 8.4, February 2019

### National Context

- A Green Paper has been released which sets out ambition for a sea change in the way EWMH services are delivered
- Some authorities across the country are piloting the ambitions of the Green Paper and are offering new models of delivery
- As well as investing earlier in the windscreen of need, the Green Paper suggests offering services to children in schools and community settings
- THRIVE is offered up as a model of delivery which does the above as well as moving away from the traditional medical model of 'refer-assess-treat' to a more 'every conversation counts' model which maximises community assets such as peer support.
- Increased investment in EWMH anticipated from central gov to NHS

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### Our current position



### Local Achievements

1. An extension of the SABP contract has been agreed in principle by all parties and governing bodies
2. Children's EWMH Strategy completed – signed off by Health and Wellbeing Board 7<sup>th</sup> March
3. Dartington Design Lab have engaged with more than 250 professionals, 40 parents and 5 young people about the current system and redesign. Final report due 18<sup>th</sup> February.
4. Children and Young People's Charter co-created with more than 60 young people.
5. Five transformation themes agreed and considerable thinking undertaken as to Accelerator Site ideas for 3 of these themes
6. Initial conversations held with Oxford University to explore potential evaluation models and KPIs
7. EWMH accelerator sites idea developed and shared with schools. Positive response and many expressions of interest to be involved in the work. Head Teacher secondment idea to manage these also shared with schools
8. Body of data to support the redesign developed, including analysis of current system, demand, and mapping of relevant contracts.
9. The national iThrive team have been engaged to run workshops with partners across the system to assess current system, identify priority areas and provide framework for transformation.
10. We have also begun to consider extension and transformation of the Children's Community Services Contract.

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Access	Early Intervention	Social, Emotional & Mental Health (SEMH)	Vulnerable Groups	Crisis
<ul style="list-style-type: none"> <li>• Ensure alignment of SCC, SH and SABP front door and contact centre with the right professionals offering a graduated response at the right time</li> <li>• This new model will be part of system-wide changes to the front door across the council and health</li> <li>• Bring clinical expertise to triage</li> <li>• Improve digital access to information and support</li> <li>• Ensure swift access to crisis response where needed</li> </ul>	<ul style="list-style-type: none"> <li>• Consider links with proposed Early Help and Family Support Hub</li> <li>• Identify VCS organisations to work alongside in providing early intervention</li> <li>• Provide new service models in 3 school clusters (primary, secondary and special) as Accelerator Sites to deliver early help services differently</li> <li>• Support schools to create a culture of promoting resilience</li> <li>• Consider digital models of self-help</li> </ul>	<ul style="list-style-type: none"> <li>• Work with a cluster of schools to provide a different model of support for CYP with behavioural, emotional and neurodevelopmental disorders (ASD, ADHD)</li> <li>• Front-load provision at the early intervention end of the pathway</li> <li>• To be run in conjunction with a theme of SCC SEND transformation programme</li> </ul>	<ul style="list-style-type: none"> <li>• Expand the remit of the existing service for LAC, Care Leavers, CSA, and post-adoption support to include other vulnerable groups including Children in Need,</li> <li>• Work with this expanded cohort using tried and tested methods of support, as well as early intervention services such as music, sports, arts groups.</li> </ul>	<ul style="list-style-type: none"> <li>• Review the commissioning of, and maximise opportunities to commission through our ICS rather than through NHSE.</li> <li>• Look at expanding HOPE to build on this successful programme which keeps CYP out of long-term inpatient beds</li> <li>• Ensure the right response is in place for incoming crisis referrals</li> </ul>
Jacqui Burke/Helen Rostill	Julia Cramp	Julia Cramp	Tina Benjamin	Helen Rostill

Seconded HT: Asif Bhatti

Both nationally and in Surrey, there is a consensus that we need to change the way we think about and deliver Emotional Wellbeing and Mental Health services for children:

- EWMH is a national and local priority, and is subject to intense public scrutiny.
- New and emerging government policy calls for services to be brought closer to school settings and emphasises prevention and early help.
- Our current Child and Adolescent Mental Health service (CAMHs), which is jointly commissioned by Surrey County Council and the six Surrey CCGs from SABP, has struggled to keep up with demand.

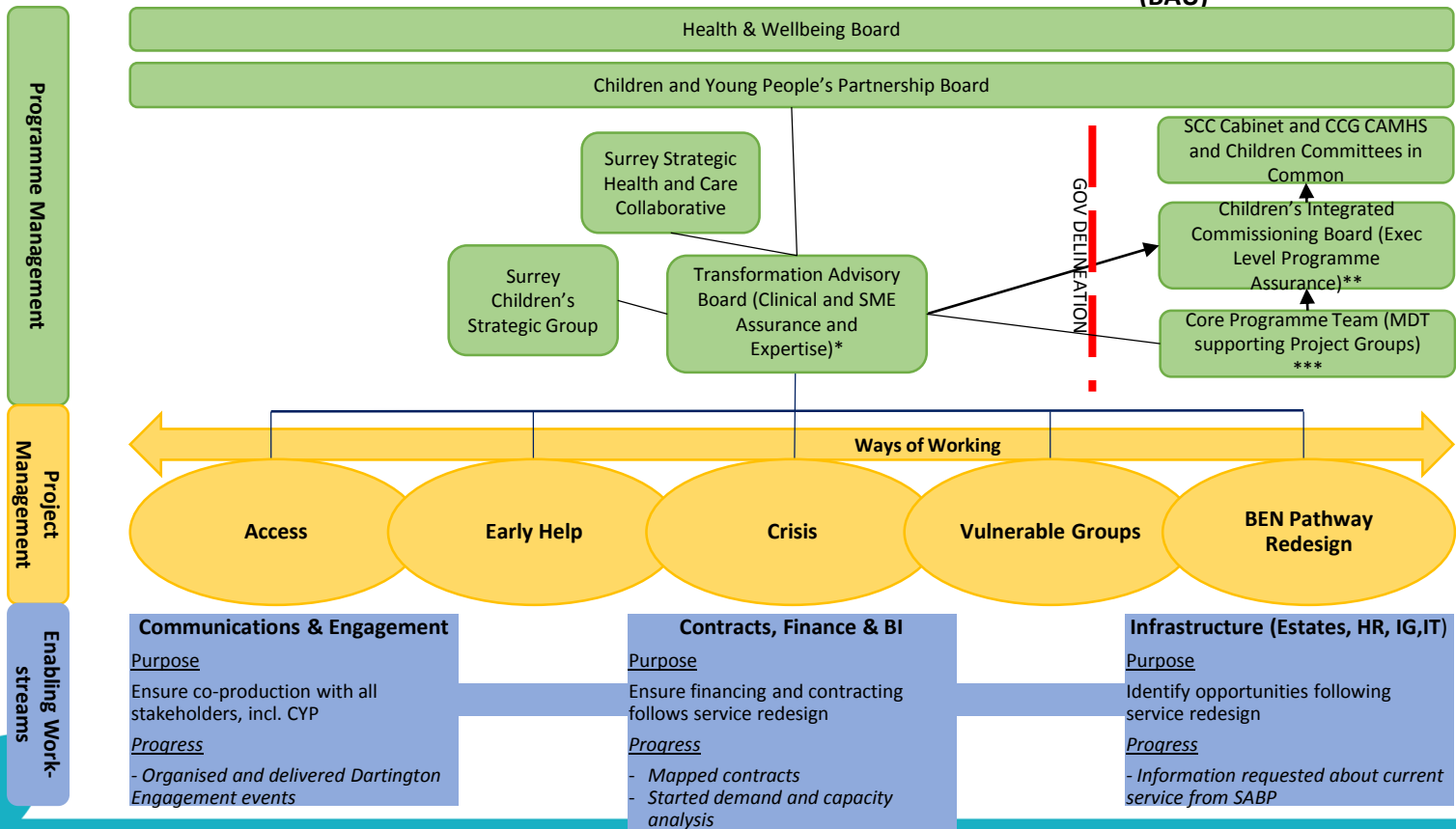
The extended contract will expire in April 2021. Commissioners initially intended to follow a traditional procurement approach but feedback from stakeholders, following an extensive engagement exercise, revealed a need to start changing the service NOW, instead of designing a new service to be brought in when the contract ends. Commissioners also appreciate that, given the complexity of the system, there is a need to bring together key stakeholders to test and improve new approaches instead of imposing a top-down model.

In addition, partners have agreed that rather than restrict developments to the CAMHS service, to effectively transform the whole emotional wellbeing and mental health system of support for CYP and their families. This means including the voluntary, community and faith sectors, social care, early help, schools, GP practices and broader NHS services.

This business case is a call for funding for the testing of new approaches in several priority area. We propose to:

- Establish three Accelerator Sites in school settings to test new ways of bringing early intervention, prevention and community support services into schools;
- Establish one Accelerator Site in a cluster of schools to trial a new approach to supporting children with Social, Emotional and Mental Health (SEMH) needs (current BEN pathway);
- Explore ways of improving the EWMH offer to vulnerable groups and to extend the remit of the service; and
- To bring in a university partner to evaluate all of our transformation work.

**Commissioner only  
procurement governance  
(BAU)**



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