

Surrey Health and Wellbeing Strategy

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Elmbridge Local Joint Committee

Rob Moran

Chief Executive of Elmbridge Borough Council

Healthy Surrey

≡ DELIVERING THE
COMMUNITY VISION FOR SURREY

ITEM 9

Promoting improved health and wellbeing

- Preventing poor health and wellbeing in Surrey over the next 10 years.
- Working together to address the most significant priorities
- Tackling the root causes of ill health such as poor housing



Working in partnership

COMMUNITY VISION FOR SURREY IN 2030

By 2030 we want Surrey to be a uniquely special place where everyone has a great start to life, people live healthy and fulfilling lives, are enabled to achieve their full potential and contribute to their community, and no one is left behind.

We want our county's economy to be strong, vibrant and successful and Surrey to be a great place to live, work and learn. A place that capitalises on its location and natural assets, and where communities feel supported and people are able to support each other.

OUR AMBITIONS FOR PEOPLE ARE:



Children and young people are safe and feel safe and confident



Everyone benefits from education, skills and employment opportunities that help them succeed in life



Everyone lives healthy, active and fulfilling lives, and makes good choices about their wellbeing



Everyone gets the health and social care support and information they need at the right time and place



Communities are welcoming and supportive, especially of those most in need, and people feel able to contribute to community life



Everyone has a place they can call home, with appropriate housing for all

OUR AMBITIONS FOR OUR PLACE ARE:



Residents live in clean, safe and green communities, where people and organisations embrace their environmental responsibilities



Journeys across the county are easier, more predictable and safer



Businesses in Surrey thrive



Well connected communities, with effective infrastructure, that grow sustainably

Three priorities

1

Helping people in Surrey to lead healthy lives

- Working to reduce obesity, excess weight rates and physical inactivity
- Preventing domestic abuse (DA) and supporting and empowering victims
- Improving environmental factors that impact people's health and wellbeing
- Supporting prevention and treatment of increasing risk and harmful drinking
- Ensuring that everyone lives in good and appropriate housing
- Promoting prevention to decrease incidence of serious conditions and diseases
- Helping people to live independently for as long as possible and to die well

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2

Supporting the emotional wellbeing of people in Surrey

- Enabling children, young people, adults and elderly with mental health issues to access the right help and resources
- Supporting the emotional wellbeing of mothers throughout and after their pregnancy
- Preventing isolation and enabling support for those who do feel isolated

3

Supporting people in Surrey to fulfil their potential

- Supporting children to develop skills for life
- Supporting adults to succeed professionally

How will we support people most at risk of poor health?

A

General Population

This refers to the entire population of Surrey. This plan aims to address the wider determinants of health and wellbeing for all of Surrey, with a strong focus on prevention.

B

Children with SEND and Adults with Learning Disabilities and/or Autism

Children with special education needs and disabilities, and adults with Learning Disabilities and/or Autism. The focus is on providing opportunities for them to achieve their potential.

C

Young and Adult Carers in Surrey

All young and adult carers in Surrey. The focus is on supporting people to be part of their local community and as a result avoid feeling isolated.

D

People who need support to live with illness, live independently, or to die well

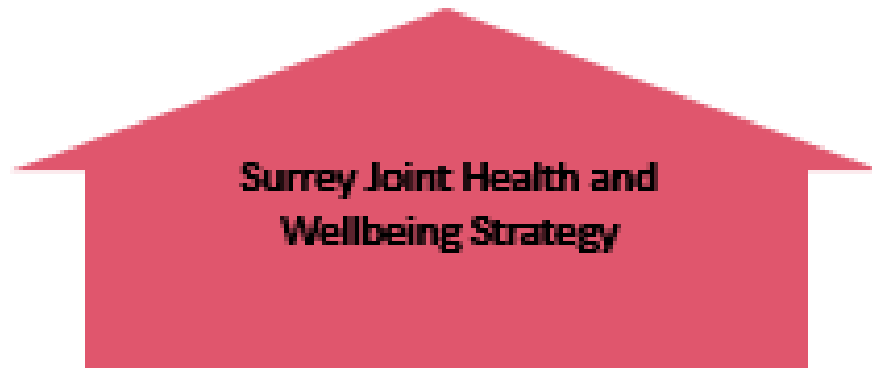
Those people living with illness, including long term conditions, people who require support to live independently, and people who require support to die well. Our focus is to support people to have greater control and choice in their care.

E

Deprived or vulnerable people

Those people living in deprivation, or those who are vulnerable across Surrey. This includes children in care and care leavers. The aim is to ensure people are not left behind, and to improve their overall health outcomes.

System capabilities



Surrey Joint Health and Wellbeing Strategy

Community development

Clear governance

Estates

Workforce and culture

Programme & performance management

Digital and technology

Intelligence

Devolution and alignment of incentives

Board arrangements

Helping people to lead healthy lives

Priority sponsor:

Rod Brown, Head of Communities, Epsom and Ewell Borough Council

Governance group:

Evolved 'Prevention & Wider Determinants Health Board'

Healthy Surrey

Supporting people's emotional wellbeing

Priority sponsor:

Giles Mahoney, Director of Integrated Care Partnerships, Guildford and Waverly ICP

Governance group:

Evolved 'Mental Health and Emotional Wellbeing Board'

Supporting people to fulfil potential

Priority sponsor:

Rob Moran, CEO, Elmbridge District Council

Governance group:

Supporting children - Children and Young People's Partnership

Supporting Adults - Skills and Employment Board (TBC)

Champions for the population groups:

- Children with SEND and Adults with Learning Disabilities and/or Autism: **Dr Russell Hills**
- Young and adult carers: **Dr Elango Vijaykumar**, (adult carers), **Dr Charlotte Canniff**, (young carers)
- General population: **Kate Scribbins**
- People who need support to live with illness, live independently, or to die well: **Clr Sinead Mooney**
- Deprived or vulnerable people: **David Munro**

What does this mean for Elmbridge BC?

- Important shift to a more preventative approach, addressing root causes of poor health and wellbeing. *District and borough councils have an influence on 80% of health impacts.*
- Representation at the Surrey-wide Health and Wellbeing Board
- Alignment with Elmbridge Council Plan 19/20 priorities, e.g:

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Elmbridge priorities	Health and wellbeing strategy implementation examples
Character and environment	<ul style="list-style-type: none"> • Whole system approach to physical activity including improving use of green spaces and transport initiatives • Implement the Surrey Transport Plan: Low Emissions Transport Strategy
Quality services	<ul style="list-style-type: none"> • Integrate and align health behaviour strategies • Develop integrated, countywide response for people living with dementia
Economic development	<ul style="list-style-type: none"> • Partnership approach to spending the apprenticeship levy • Develop a fuel poverty offer for those living in crisis • Jointly commissioned pathway for single, homeless people with complex needs
Community Wellbeing	<ul style="list-style-type: none"> • Implement 'Healthy High Streets' • Develop a health behaviour offer for deprived and vulnerable groups

Questions

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