

Health and Wellbeing Board Paper

1. Reference information

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Title:	Health and Wellbeing Strategy Highlight Report
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Priority Sponsor(s):	<ul style="list-style-type: none"> • Rod Brown, Head of Communities and Housing, Epsom and Ewell District Council (Priority 1 Sponsor) • Giles Mahoney, Director of Integrated Care Partnerships, Guildford and Waverley CCG (Priority 2 Sponsor) • Rob Moran, Chief Executive, Elmbridge Borough Council (Priority 3 Sponsor)
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Related papers	<ul style="list-style-type: none"> • Appendix 1: HWBS Priorities milestones status (as at July 2020) • Appendix 2: 'Transitioning from Recovery': 'Place' • Appendix 3: Growth Board terms of reference

2. Executive summary

This paper describes the status of projects in the Health and Wellbeing Strategy against previously agreed milestones as of July 2020. Given the summary nature of the June report this aims to provide more detail across all the priorities through highlighting progress being made whilst also continuing to recognise where there is a continued impact resulting from the COVID-19 pandemic. This varies between delays, continuing with a different focus, or continuing with a heightened focus or additional activity.

The proposed links with the work of the recovery coordination group are included together with the next steps. Within some focus areas we the adaptation that is happening in response to the current pandemic is already becoming evident however it is recognised that the outputs of the rapid needs assessments also coming to the September board meeting will need to be factored into further planning within each priority over the next quarter.

3. Recommendations

We recommend that the Health and Wellbeing Board:

1. Approve the continued programmes of work within each of the Priority focus areas and that they be reviewed by the priority boards / coordinating groups to incorporate as necessary the outcomes of the Rapid Needs Assessments.

2. Discuss and agree new sponsor for priority 2.
3. Agree to a refresh of the published Health & Wellbeing Board (HWB) strategy to reflect the merger with the Community Safety Board within the strategy. This will include the addition of a third focus area under Priority Three to imbed community safety and meet the expectations as set out in the merger paper from March 2020.
4. Agree that HWB adopt the longer term oversight of relevant work identified within the current (Place – see appendix 2) and future RCG papers detailing the handover of “place” work and ask the Prevention and Wider Determinants board to review and if necessary amend the existing priority one implementation plan.

4. Current status of implementation plan activity

The following section highlights examples of work happening within each of the priorities, focusing on where progress is being made or particular issues are being faced.

More recently it is evident that some programmes have begun to adapt what they are doing to address the changing needs of the population given the impact of COVID-19. It is recognised that this will need to develop further based on the outcomes of the rapid needs assessments that are also coming to the September Board meeting and the longer term recovery transitioning work that is further described in section 4.

Appendix 1 identifies the current status of projects against key milestones as of July 2020. Whilst many are able to progress, where they continue to be impacted and delayed, this has generally been due to the following:

- A lack of capacity to take work forward where staff have been redeployed or key partners are unavailable during COVID-19 pandemic
- A lead has not yet been identified to take the work forward (following the risks escalated at the Health and Wellbeing Board in March)
- Work has refocused on continuing essential service delivery to ensure people have access to adequate levels of support during the COVID-19 pandemic

As the following highlights however, whilst milestones may have been impacted, there is a great deal of activity taking place within each of the priorities.

Priority 1: Helping People to live healthy lives

Focus Area 1 Working to reduce obesity and excess weight rates and physical inactivity

- The strategic leadership support for a whole-system approach to physical activity and the development and implementation of the Surrey Physical Activity Strategy 2020-29 is on schedule. The support for the workplace wellbeing frameworks for NHS, Local Authorities and Schools are underway with approved amendments and refreshes being made to the Sport England Evaluation Framework
- Evidence gathered during the pandemic shows that obese people are significantly more likely to become seriously ill and be admitted to intensive care with COVID-19 compared to those with a healthy BMI. This increases the urgency for immediate action to reduce the levels of obesity across the

County. Weight Management Programmes alone do not lead to sufficient long term weight loss and have little effect of prevalence levels which is why an evidence based whole-system approach (WSA) is being taken within the strategy. A logic model is being developed to work with stakeholders across the County to embed the WSA Framework. This has the aim of delivering sustainable, systemic change to ensure that those living and working in and those in greatest need in Surrey are provided with the right environment and the best opportunities to achieve and maintain a healthy weight. A progress report will be available at the Prevention and Wider Determinants of Health Board on 19 October 2020.

Focus Area 2 Supporting prevention and treatment of substance misuse, including alcohol

- The projects relating to supporting prevention and early identification of drugs and alcohol and the effective treatment and recovery of alcohol dependency including the review of the current provision are on schedule. The development of safer, stronger communities which include establishing processes to review and utilise shared data are underway or scheduled to start within the next quarter.
- The development of a consistent response from the wider system and the development of a Surrey workforce smoke free offer are underway with target completion in Spring 2021

Focus Area 3 Ensuring that everyone lives in good and appropriate housing

- An SRO Vacancy Brief for the Tackling Fuel Poverty Project is being drafted. Members of the Prevention and Wider Determinants of Health Board have agreed to undertake a system-wide campaign to fill this vacancy.
- The project which focuses on the Prevention of Homelessness and Rough Sleeping across SCC has been accelerated. A Prevention of Homelessness and Rough Sleeping Multiagency Group (MAG) was established which inter alia has assisted front-line agencies in Districts and Boroughs with the creation of Standard Operating Procedures including access to a crisis line for mental health emergencies, alcohol and substance dependency support and scenario planning as part of the Local Outbreak Plan. Temporary self-contained modular living-pods are being investigated for four areas as accommodation for homeless people who may require social isolation from September 2020 – March 2021.
- The Covid-19 pandemic has emphasised the need for flexible and accessible mental health and substance dependent services to be made available to people being housed by the Districts and Boroughs in the current and future emergency, temporary and move on accommodation. Priority 1 (Focus Area 3), Priority 2 and partner organisations are working in collaboration to develop effective solutions.
- The project to support people with Sever Multiple Disadvantage, Surrey Adults Matter (SAM) is closely allied to the Homelessness (MAG) and has also been accelerated in response to Covid 19. Work is in progress to record outcomes to inform future business and whole-system planning and commissioning.

Focus Area 4 Preventing domestic abuse (DA) and supporting and empowering victims

- In response to Covid 19 some of the eleven projects within this programme had to be accelerated and / or modified. By way of one example, additional emergency housing and support was urgently secured for people requiring refuge accommodation. Multi agency partnerships have been established to drive forward the needs of the residents. Mapping and scenario planning exercises have been undertaken as part of the recovery programme.
- With several projects being fast-tracked solid multiagency partnerships have been developed, and some of the original milestones and deadlines now need a refresh. This will be undertaken during September and October 2020. A full update of the Prevention of Domestic Abuse and Supporting and Empowering victims is scheduled at the Prevention and Wider Determinants of Health Board on 19 January 2021

Focus Area 5 Promoting prevention to decrease incidence of serious conditions and diseases

- During the pandemic referrals to the National Diabetic Prevention Services were reduced by approx. 90%. This had a knock-on effect to being able to improve the diabetes pathways across identification, prevention, treatment and management.
- NHS Health Checks (NHSHC) and blood pressure plus programmes have also been impacted due to their reliance on primary care. Discussions are underway to establish how these can be resumed safely.
- The project to promote bowel and cervical screening as a preventative health measure has moved forward to plan. An evidence-based review to explore barriers/attitudes to cervical screening has been completed. The design of a local survey to test national evidence and explore barriers/attitudes with residents has been developed.
- A successful bid with the Sussex and Surrey Cancer Alliance obtained funding to support North West Surrey with a project to improve screening rates in cervical screening. COVID-19 has unfortunately delayed the delivery timelines of the programme.
- A full update of Promoting Prevention to Decrease Incidence of Serious Conditions and Diseases is scheduled at the Prevention and Wider Determinant of Health Board on 19 October 2020

Focus Area 6 Improving environmental factors that impact people's health and wellbeing

- Guidance to support health and local planning in Surrey has been developed.
- A Planning and Health Forum to improve collaborative working across planning and health departments and maximise opportunities for health to influence Local Plans has been established

- An embedded Health Impact Assessment Approach is on target to deliver by 31 March 2021.
- The electrical vehicle charging policy is proceeding. The Greener Future Strategy is on target to deliver Strategic Priority 2: All council-owned vehicles, including SCC-owned bus fleet, to be zero carbon by 2030 or sooner and Strategic Priority 3: use its influence across its supply chain through procurement practices to drive significant carbon emission reductions in the operations of our staff, suppliers and partners.
- Whilst the support to the Districts and Boroughs to embed sustainability is in progress, additional work is required to meet agreed deadlines.
- The delivery of the Drive SMART Road strategy 2019 -2021 was delayed as school interventions were cancelled and engineering schemes were paused. Overall during the pandemic, the number of casualties reduced due to less traffic.

Focus Area 7 Living Independently and Dying Well

- A full update of the BAME Carers and system-wide Workforce Carers was presented to the Prevention and Wider Determinant of Health Board in July 2020. Two new carers strategies and a new carers service specification will be issued for consultation in October 2020.
- COVID-19 delayed the commissioning of the Technology Enabled Care offer and the At Scale / At Place programme. Revised timelines will be agreed for these projects and for the Better Care Fund evaluation scheme
- Throughout the pandemic the reablement service focussed on maintaining critical care within the community to prevent hospital admission and support hospital discharge. A refreshed reablement framework is being accelerated to recover time lost during the pandemic. The revised completion date is January 2021.
- Within the Improving End of Life Care Project, links will be made to the carers programmes and an update report shall be requested for the Prevention and Wider Determinants of Health Board in January 2021.
- The Head of Commissioning - Older Persons (North West Surrey & Surrey Heath) has been appointed as the SRO for Project 5, Adapting Homes to meet Health Needs and Promote Independence). An update on this project and its interconnectivity to other projects within the Focus Area is scheduled for the Prevention and Wider Determinants of Health Board on 22 April 2021.

Priority 2: Supporting people’s emotional wellbeing and mental health

As expected, the pandemic has led to an increase in the demand for mental health services, including people who were previously known across the services. Modelling work is underway to plan for the next six months. The assumption is that providers will be around 20% busier, and other services will experience a significant rise in demand.

Surrey’s approach to mental health through the Health and Wellbeing Strategy recently featured as a case study in the Centre for Mental Health’s report “[Our place: local authorities and the public’s mental health](#)” highlighting the key role local

authorities play in improving the mental health of their communities and reducing inequalities.

Work is continuing to identify joint health and care strategic commissioning opportunities around mental health through the 'Transforming Outcomes for People' programme.

Focus area 1: Access the right help and resources

- Work is continuing with the integration of mental health team into Primary Care Networks – providing support for GPs, virtual consultations and proactive outreach. As of June 2020, over 2100 people have been seen in Surrey Heartlands GPiMHS test sites, with service user experience rating very highly. Soft launches are continuing across the county, including North West Surrey earlier in July.
- The Surrey Virtual Wellbeing Hub was launched on 4th May, with a range of providers offering virtual support to individuals and carers. During the first 6 weeks it received 3000 visits and a business case is in development to inform the future of the model.
- Proactive contact has been brought in to follow up with shielded service users. Plans are in development to widen this contact and outreach to at risk groups (including BAME communities, people who are furloughed or recently unemployed, people treated for COVID-19 in critical care settings, and key workers). Building on the Virtual Wellbeing Hub and Recovery College offers; the voluntary, community and faith sector will be key to delivering this proactive demand reduction focused on local networks and support groups.
- Further workplace wellbeing initiatives are in place; IAPT are offering fast track support for key workers and volunteers. Psychological support is also available for BAME staff and to inform the risk assessment process.
- Whilst the data shows that overall rates of suicide have not increased during the pandemic, a wide range of work has been developed around suicide prevention. Mental Health First Aid training has been made available for volunteer call handlers supporting the Surrey community helpline. Workforce resources have also been collated onto the Healthy Surrey website and access to one-to-one support has been made available. In future, morning training will be provided to businesses, Citizen's Advice Bureau and other areas where those in vulnerable groups may have most contact.
- Work has progressed to allow GP in-reach into acute MH wards to upskill staff in physical health issues; a key challenge identified in Priority Two.

Focus area 2: Emotional wellbeing of mothers and families throughout and after their pregnancy maternity

- The draft First 1000 Days strategy has been completed and is currently out for engagement with families, professionals and wider stakeholders. Mental health is identified as a key outcome and programme planning will reflect the need to improve the mental health of parents during the first 1000 days.

- Multi-partner workstreams initiated to sit under the First 1000 Days programme to focus on system delivery of themes such as digital, supporting vulnerable families, developing peer support models.
- A virtual post-natal peer support programme has been designed and delivered during the coronavirus pandemic, with one aim being to support mental health. This has provided families with the opportunity to connect, to receive support from a counsellor and community nurse, and the opportunity to gain the knowledge and skills to care for themselves and their new-born. *'I really don't know how I would have coped without you two over the last few weeks – you've been a lifeline.'*
- As part of the COVID-19 response, communication to families has reflected mental health support for families, including the Surrey Wellbeing Partnership Facebook Page and the information leaflets for parents.
- Continued working with Best Beginnings to launch and embed the Baby Buddy app (an interactive pregnancy and parenting guide). This app provides mental health advice and videos for parents and has an evidence base demonstrating excellent uptake with BAME families.
- A partnership has been established with Best Beginnings to participate in research to support development of a weight management support tool for women.
- The process to purchase and roll out of a remote monitoring hypertension app for use by pregnant women has begun.

Focus area 3: Preventing isolation and enabling support for those who do feel isolated

- Surrey Heartlands was selected by NHSX, the digital arm of NHS England, as a pilot site for Facebook Portal devices. Care home residents and patients were able to keep in touch with friends and family with Facebook Portal video calling devices. 50 devices were provided free of charge and were used not only for older age adults but also those with learning disabilities.
- A Dementia Needs Assessment has been developed following mapping work and service user engagement. A Surrey Heartlands strategic plan is also in development.
- As a part of the project to support business links to reduce isolation, scoping work is underway with DWP, Citizens Advice Bureau and Financial Institutions to support people's emotional and financial health. Surrey Chambers of Commerce now has a Coronavirus information Hub containing details on mental health/self-care and links to for further support via Healthy Surrey. They are also providing webinars on the socioeconomic risks of COVID.
- As a part of the digital offer, Surrey Coalition of Disabled People Tech Angel service is providing technology and support to isolated and hard to reach communities. A mood tracking app has also been released by Surrey and Borders Partnership to support early intervention in psychosis.
- Local hubs and community groups are providing a range of services to support people to remain connected to their communities; including helping people with Autism with shopping, and connecting with others through video games to reduce anxiety.
- IAPT have developed a COVID bereavement module, and the development of the Surrey End of Life Care Strategy has resumed, following the pause during

the initial COVID response phase.

Priority 3: Supporting people to fulfil their potential

In March 2020, following the merger of the HWB and the Community Safety Board, the ambition was to develop a Community Safety Agreement (CSA) for Surrey for 2020 to 2024 with annual refreshes. However, the Covid-19 pandemic has seen several challenges impact this timeline. To meet the statutory requirement in the interim a section of the Healthy Surrey website was added to explain the current governance structure, how the partners work together and details the priorities for community safety, which reflects the current priorities of the HWB, the Police and Crime Commissioner and the seven¹ Community Safety Partnerships.

In light of the above and the publication of new data sets, the timing is appropriate to refresh the commitments set out in the current Surrey Community Safety Agreement and then fully imbed them into the Health and Wellbeing Strategy. It is proposed that the programmes of work identified in the CSA are imbedded across the strategy but particularly into Priority 3 as a new third focus area dedicated to community safety. This will also meet the expectations as set out in the March 2020 merger paper.

The above represents a significant development within priority three which was still becoming established prior to March 2020. Whilst much of these pre-existing programmes were paused in the initial response to COVID-19 the following areas are now again moving forwards:

Focus Area 1: Supporting Adults to succeed professionally and/or through volunteering

- Strategic mapping exercise is currently underway to identify provision against target groups to understand gaps, duplication and opportunities in order to develop an outcomes framework and recommendations for employment, skills and inclusion in Surrey. A significant recent development locally is the establishment of the Surrey Growth Board (Appendix 3 for terms of reference). It is anticipated that this new strategic board will enable a stronger emphasis on this focus area going forwards and work is planned to further explore how this can complement the work within this focus area and more generally across the HWB Strategy.
- Social Progress Index- at the beginning of March an event was hosted with a group of more than 30 colleagues from partners across the county to explore how we can develop an SPI for Surrey. The result was a list of over 300 possible indicators and the exercise was useful for challenging assumptions of what we know about how our communities are performing. This list was cross-referenced with a range of strategic priorities and outcomes frameworks from across our partnership to ensure alignment. Following this session, partners were invited to take part in an online consultation to input and help prioritise which indicators to include in the SPI. These results, along with analysis of various strategies, have been used to build a final list of indicators. During the Covid-19 pandemic the project was paused so the team could

focus on supporting the LRF response. In the past few months a Recovery Progress Index has also been developed which forms a sub-set of the wider SPI. The beta version of the SPI is now being finalised and a number of training sessions with Social Progress Imperative have taken place so analysts are trained to use the system.

Focus Area 2: Supporting children to develop skills for life

- There is significant work and oversight of this work already within established structures, for example “first 1000 days”. As a result, the alignment with these structures is being explored to enable appropriate and effective links with the Health and Wellbeing Board and Strategy.

4. Links to Recovery

The multi-agency Recovery Coordinating Group (RCG) was established to plan for and coordinate recovery from the pandemic at a county wide level. The RCG developed a Recovery Strategy with the aim ‘To restore the humanitarian, economic, environmental and infrastructure well-being, conditions and resilience of Surrey’, and with the objectives to:

- Restore essential services that have been disrupted as a result of the Covid-19 pandemic and associated response measures (e.g. lockdown and social distancing)
- Ensure the effective transition to a ‘steady state’, with clear responsibilities identified for the continuation of services
- Capture lessons learned and refer on to the relevant body/authority.

The chair of the RCG has approached the HWB to request that the relevant elements of the longer term recovery work identified within the “place” subgroup of the RCG (see Appendix 2) be included within the ongoing Health and Wellbeing strategy governance for the purposes of ongoing oversight. The activity from this particular subgroup relates to priority one of the strategy meaning the areas highlighted in the paper should be reviewed at the next Prevention and Wider Determinants board to confirm the relevant activity is already included or will be included within the oversight they provide.

5. Key risks, issues and opportunities

- The proposed changes to Health and Wellbeing Board membership means there is a need for a new Priority Two Sponsor.
- Programme / project level indicator development sessions were previously planned with key stakeholders across all priorities to enable more detailed lower level reporting for review by priority governance structures which would complement the high level strategy outcomes. These were however postponed and rescheduled due to the COVID response and recovery taking priority. Engagement is now happening with all SROs across the different priorities to

identify appropriate existing project level indicators which will enable further progress reporting within each focus area.

- The activity described in the current and subsequent recovery handover documents presents an opportunity to ensure that where needed activity stood up during the COVID-19 response and recovery is sustained longer term where appropriate.
- Where programme milestones have been delayed or accelerated by COVID-19 these will be reviewed and amended for future reporting.
- Some SRO roles continue to be vacant within priority one however following discussion at March HWB the prevention and wider determinants board is actively seeking individuals to fill these last remaining vacant roles and has drafted SRO profiles for these.

6. Next steps

- All priorities will need to consider and incorporate outcome of rapid needs assessments through their appropriate governance structures and revise plans and milestones appropriately over the next three months.
- Integrate the new Community Safety Agreement within the health and wellbeing strategy through a task and finish group with representatives from the statutory partners. This is intended to stand alone as an appendix to the strategy but also be integrated within the three priorities of the HWB strategy.
- Subject to agreement arrange an informal HWB session to further understand the scope of community safety work following the merger of the two boards (as referenced in the HWB review paper).
- Review, update and share the previous HWB induction pack to reflect the developing strategy and incorporate merger of community safety (as referenced in the Surrey HWB Review paper).

List of Appendices:

- Appendix 1: HWBS Priorities milestones status (as at July 2020)
- Appendix 2: 'Transitioning from Recovery': 'Place'
- Appendix 3: One Surrey Growth Board Terms of Reference