

ANNEX 1 – THE KEY PRINCIPLES OF EXTRA CARE HOUSING

Extra Care Housing should:

- Enable people to remain in place
- Help people to self –care and promote independent living
- Be a base for day time activities and community based therapy
- Be domestic in nature and not resemble institutional environments like residential care homes, while being sympathetic to the architectural vernacular of its local area
- Provide a level of on-site support and care by staff which can scale to changing needs.

Page 55

The following features are common to any Extra Care Housing setting:

- Independently accessed (and metered) apartments or other dwellings
- A range of on-site communal facilities typically paid for by an additional service charge, which can be accommodated within locally agreed housing benefit levels
- Care and support required by the residents is provided by a separately registered domiciliary care agency registered by the Care Quality Commission (often based on site) and bought in by residents on an ‘as needed’ basis.
- A focus on accessibility and design quality principles
- Located in a sustainable location, close to the community and local amenities, e.g. shops, doctors, transport links.
- Technological infrastructure which helps people to maintain their independence, and which can be linked to assistive technology where needed

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