

#### **Annex 4 – Mental Health Task Group questionnaire**

What are your experiences of mental health services in Surrey? What services have you used, and how recent have your interactions been?

How easy was it to access those services?

Have you experienced any stigma or discrimination?

To what extent do the different organisations or services you are in touch with work together to help meet your needs?

Do you feel you need to tell your story multiple times to different organisations and/or services? Is information shared as you would like?

Do you feel as if GPs properly understand mental health problems, and are they willing/able to refer?

In your experience, to what extent has any treatment, care and support been focused on your needs and desired outcomes?

Have you felt involved in your care planning?

Are there opportunities for you to influence what services there are available and how the services you access are delivered?

In your experience, is mental health seen by the health and social care system as being as important as physical health? Please describe any experiences or thoughts that have led you to this conclusion. Has this changed over the years?

Do you feel you have access to key people when needed (particularly during periods of crisis)?

How do you feel about the information provided by services? Do you feel these cover the full range and scope of mental health treatments available?