

Health and Wellbeing Board (HWB) Paper

1. Reference Information

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Paper tracking information	
Title:	Joint Health and Social Care Dementia Strategy for Surrey (2022-2027)
HWBS Priority - 1, 2 and/or 3:	Priority 2
Outcome(s)/System Capability:	Empowered and thriving communities Integrated care
Priority populations:	People with long term health conditions Older people 80+ and those in care homes Black and minority ethnic groups Adults with a learning disability People with serious mental illness People living in geographical areas which experience poorest health outcomes
Civic level, service based and/or community led interventions:	All levels of intervention play a part in delivering the dementia strategy
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HWB meeting date:	16 March 2022
Related HWB papers:	N/A
Annexes/Appendices:	<ul style="list-style-type: none"> • Annex 1 - Joint Health and Social Care Dementia Strategy for Surrey 2022-2027

2. Executive summary

This Joint Health and Social Care Dementia Strategy for Surrey sets out a consistent, Surrey wide approach to dementia. It is framed around the [Well Pathway for dementia](#) and underpinned by reducing inequalities: many of the risk factors for dementia are associated with socio-economic inequality such as living in an area of deprivation and other priority populations as identified by the Health and Wellbeing Board.

Oversight of the strategy from the Health and Wellbeing Board will enable change and progress across the system, with a clearer focus on preventing dementia and supporting people with dementia, their carers and families.

3. Recommendations

It is recommended that the Health and Wellbeing Board:

1. Approves the Joint Health and Social Care Dementia Strategy for Surrey.
2. Supports identifying resources to develop services that reduce inequalities in access for people with dementia, their carers and families.
3. Supports the inclusion of dementia specific prevention activities in the programme of work included in priority 1: supporting people to live healthy lives.

4. Reason for Recommendations

Health and Wellbeing Board ownership and oversight of the Joint Health and Social Care Dementia Strategy for Surrey will enable a consistent Surrey wide, strategic approach to dementia. This will enable change and progress across the system. The strategy strongly supports the Board's ambition to reduce inequalities in health so no-one is left behind. The strategy is firmly focused on reducing the inequalities people with dementia and their carers and families face.

5. Detail

This Joint Health and Social Care Dementia Strategy has been developed in light of local and national strategies that impact on the wellbeing and independence of people with dementia and their unpaid carers. The Dementia Strategy Action Board in Surrey, which was formed to implement the previous strategy, agreed it was timely to refresh existing dementia strategies and make one Surrey wide direction of travel, with a clear focus on tackling inequality and making sure no-one is left behind. This decision was supported by the Mental Health Delivery Board and Health and Wellbeing Board.

In the new strategy, co-produced with the Dementia Strategy Action Board, we have been able to celebrate progress made and outline areas for further development across Surrey. It is based on the national and local strategic context, qualitative

data (including recent findings from [HealthWatch Surrey](#)), feedback and performance of current services and is framed around the Well Pathway for dementia.

In addition to co-producing the first draft, we also held a formal consultation period on the strategy. This was to ascertain whether we had captured the right ambition, and the most important priority areas to be included in the Joint Health and Social Care Dementia Strategy for Surrey.

The consultation period has now closed. During this time, feedback was sought from a range of different groups and networks such as the Learning Disability Partnership Board, the Adults and Health Select Committee, Dementia Voices and HealthWatch Surrey in addition to individual responses through the Surrey Says website.

The main findings indicated that while all the ambitions laid out in the strategy received more support than dissatisfaction, certain areas or topics of the strategy were felt to need enhancing or were seen as missing altogether.

More emphasis on prevention: Feedback suggested more emphasis was required on prevention and details on what plans will be put in place for communicating with residents to ensure that people are educated at the earliest possible stage about ways to prevent dementia.

Ensure support is visible and easy to access: Of all the ambitions respondents felt least satisfied by the 'supporting well' element. This was reinforced by comments left in other stages of the consultation survey. There is a need to improve the amount of support carers have access to, as well as ensuring they are aware the support exists.

Creating a pathway of treatment and care starting at diagnosis: Several respondents felt that services lacked a joined-up approach, and this often left them feeling forgotten or unsupported. Not being given a pathway of care at point of diagnosis led many to fall through the cracks. There should be greater emphasis placed on sharing information between services and ensuring a clear line of accountability.

We received further detail about how to achieve the ambitions identified above. This included: having a strategic approach to support local community groups; having adequately resourced and equitable access to dementia navigator support; making primary care dementia care plans a valuable resource to people with dementia and their carers and having an ambition to 'listen well' across the pathway.

The draft strategy has been refreshed and updated based on an analysis of all the feedback received. It sets out the collective ambitions we want to achieve across Surrey to improve the dementia care pathway and it provides the chance to reaffirm our commitment and determination to help people with dementia and their unpaid carers, to support their health and wellbeing by achieving outcomes they have identified matter most to them.

The strategy is attached in Annex 1, with the high level delivery plan included in section 7 below.

6. Challenges

A strategic approach across Surrey may not reflect the nuance of different geographical areas; this could be addressed through local delivery plans to achieve outcomes identified as important across Surrey.

7. Timescale and delivery plan

The delivery plan is outlined below:

<p>Preventing Well: our aim is to continue to raise public awareness and activities around dementia and the actions people can take to prevent dementia</p>	<ul style="list-style-type: none"> ✓ By June 2022 we will develop and communicate consistent public health messages around how to prevent dementia. ✓ By April 2022 we will prioritise a focus on reducing inequalities. ✓ By April 2022 we will ensure we have accessible material for people e.g., Easy Read or a video to enable people to access the information they require. ✓ By April 2023 we will enhance post diagnosis health support for people diagnosed with a mild cognitive impairment and working closely with Age UK Surrey. ✓ By April 2023 we will increase early identification of carers of people living with dementia. ✓ By June 2022 we will ensure we share information on preventing infection /delirium for older people by maintaining adequate fluid and nutrition intake and exercise as part of a healthy lifestyle.
<p>Diagnosing Well: our aim is for people to have equal access to dementia care; understanding where communities may not be accessing dementia diagnosis and post diagnostic support. We will address the inequalities and gaps in service with partners to overcome barriers</p>	<ul style="list-style-type: none"> ✓ By March 2022 we will support the Dementia Connect service which has a keeping in touch contact service for people and their carers following diagnosis, which provides access to the service 7 days a week via telephone and website. ✓ By April 2022 we will increase access and uptake of baseline assessments for people with Down's Syndrome. ✓ By May 2022 we will make sure dementia navigators are equally available to meet the needs of people across Surrey. The service will be monitored to ensure it is able to manage the predicted growth in activity. ✓ By June 2022 we will make sure people in East Surrey have access to a new dementia practitioner who will work with others to improve dementia diagnosis rates in the community. ✓ By June 20203 we will ensure there is sufficient capacity for imaging capacity for an accurate diagnosis.
<p>Living Well: our aim is to make sure everyone has the opportunity to live</p>	<ul style="list-style-type: none"> ✓ By June 2022 we will ensure accessible resources on dementia are available for people with a learning disability ✓ By April 2022 we will have assessed if full roll out of the technology integrated health management system (TIHM)

<p>life to the full following diagnosis</p>	<p>and related technologies across Surrey for all people and their families is a viable option.</p> <ul style="list-style-type: none"> ✓ By September 2022 we will focus on establishing dementia friendly communities and dementia action groups across all areas of Surrey. ✓ By September 2022 we will have more robust and consistent post-diagnostic support for individuals and their carers and families and encourage the effective use of care plans in primary care. ✓ By September 2022 we will highlight the importance of annual primary care dementia care plan reviews. ✓ By November 2022 we will have a young onset dementia accommodation with support offer. ✓ By April 2023 we will have more dementia day support for those with young onset dementia.
<p>Supporting Well: our aim is to engage with our communities and faith groups to ensure we reach out to people with dementia and their carers</p>	<ul style="list-style-type: none"> ✓ By April 2022 include information on the Alzheimer’s Society website regarding local resources to ensure people have access to the range of support groups that are available across Surrey. ✓ By September 2022 have a broader offer of carers breaks available including care within the home to enable people with dementia to have personalised care and support, and appropriate day opportunities to enable people with dementia to have access to meaningful activity and social interaction, and give carers a break. ✓ By April 2023 we will improve the accommodation with care and support offer to have small scale specialist dementia residential and nursing care available to meet a range of needs. ✓ By September 2022 we will have a whole system approach that enables community mental health support to wrap around care home residents, with training for staff and support from community teams for residents that have behaviours that challenge. ✓ By April 2023 we will conduct a strategic review of the support groups across Surrey ✓ By April 2023 expand crisis support available for people with dementia and their carers and families.
<p>Dying well: our aim is to make sure care is coordinated to enable the person with dementia to live their life as independently as possible until their death. To enable this, we endorse the 6 ambitions from the</p>	<ul style="list-style-type: none"> ✓ By April 2024 we will encourage conversations about end-of-life planning to be considered earlier in the dementia pathway. ✓ By April 2022 we will ensure that individuals have advocates to support them with health and welfare decisions to ensure the wishes of the individual living with dementia are included in care plans. ✓ By June 2022 we will ensure there is mental health representation in the multidisciplinary team for people in care homes supported by the Enhanced Health in Care homes Framework.

<p>end-of-life care strategy</p>	<ul style="list-style-type: none"> ✓ By April 2024 we will align with planned national GP contract PCN (Primary care network) specifications which will be driving the delivery of anticipatory care and personalised care models for people not in care homes. We will ensure the Dementia Navigator services align to the care coordinators and anticipatory care provided by multidisciplinary teams in the new models of care. ✓ By April 2024 we will improve integration of the system to support people with dementia and their carers with clear approaches to coordination of end-of-life care support for all those with dementia and their carers wherever they live across Surrey.
<p>Actions that will help us to achieve delivery of our priority areas</p>	<ul style="list-style-type: none"> ✓ By April 2022, a dedicated clinical leadership role is in place to take forward the dementia strategy. ✓ On an ongoing basis, emerging research will be used to inform decision making and new service developments. ✓ On an ongoing basis, we commit to 'listening well' and embedding a person and family centred approach across the pathway ✓ On an ongoing basis, the communications group that considers communication and engagement activity across the Health and Wellbeing Strategy priorities will support us to deliver key information around dementia as needed.

8. What communications and engagement has happened/needs to happen?

The Health and Wellbeing Board communications group that considers communication and engagement activity across the Health and Wellbeing Strategy priorities has been consulted; this group will work with us to support the work around dementia as needed. As previously stated, the strategy has been co-produced and subject to a formal consultation; consultation findings have been analysed and included in the strategy.

Feedback was sought from:

- Surrey's Dementia Strategy Action Board which includes a wide membership of key stakeholders
- Mental Health Delivery Board
- Learning disability partnership board
- Adults and Health Select committee
- Health and Wellbeing Board
- HealthWatch Surrey
- PEO LC group in Surrey
- Dementia Voices- a range of people living with dementia, co-ordinated through the Alzheimer's Society
- Surrey residents through a 'Surrey Says' survey

9. Next steps

These include:

- To develop a detailed action plan to deliver the strategy.
 - To develop prevention project as part of Health and Wellbeing strategy Priority 1 programme of work.
 - The securing of resource to deliver the strategy.
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