## ANNEX 2: THE KEY PRINCIPLES OF EXTRA CARE HOUSING

## Extra Care Housing should:

- Enable people to remain in their own homes
- Help people to self–care and promote independent living
- Be a base for day time activities and community based therapy
- Be domestic in nature and not resemble institutional environments like residential care homes, while being sympathetic to the
  architectural vernacular of its local area
- Provide a level of on-site support and care by staff which is complemented by a personalised and responsive care service
  offer that can be tailored to individuals changing needs.

The following features are common to any Extra Care Housing setting:

- Independently accessed (and metered) apartments or other dwellings
- A range of on-site communal facilities typically paid for by an additional service charge, which can be accommodated within locally agreed housing benefit levels. These facilities could include a café and multifunctional spaces both of which would be available to the residents of the Extra Care Housing and for the wider local community to create an inclusive and thriving environment.
- Care and support required by the residents is provided by a separately registered domiciliary care agency registered by the Care Quality Commission (often based on site) and bought in by residents on an 'as needed' basis.
- A focus on accessibility and design quality principles
- Located in a sustainable location, close to the community and local amenities, e.g. shops, doctors, transport links.
- Technological infrastructure which helps people to maintain their independence, and which can be linked to assistive technology where needed

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